Keep Your Rabbit Safe From Summer’s Heat

By House Rabbit Society

With record-shattering temperatures in the New York region, summer is officially here. It’s especially important to keep an eye on your rabbit during the warm summer months. Rabbits don’t tolerate heat well and can die from being overheated.

Each rabbit will tolerate heat differently, which is why it is important to keep a close eye on your rabbit. Heat exhaustion can be an issue for all rabbits, but the fuzzy, overweight, old, and very young are at a higher risk. Temperatures above 77 °F are dangerous for rabbits.

Recognize the signs of heat exhaustion so you can jump into action if needed:

—Fast, shallow breathing

(Continued on page 2)

An Ode to the Quiet Bunnies

By Megan Hilands

It often seems to be that the more outgoing, showy bunnies are the ones that get the most attention – be it at adoption events (when we were able to have them pre-RHDV2 and Covid!), in articles, or even (and yes I am guilty of this) in the videos and posts shared by their humans. It’s not unlike how we humans behave – it’s easy and natural for us to notice (at least initially) the most outgoing, talkative person, the friend with the big personality who always seems to be the center of the group in photos. There are some people – and bunnies – who just by their nature draw us in.

I have a bonded pair who, though litter mates, couldn’t have more different personalities. I find that I tend to photograph my little adventurer Nala far more than her demure partner Simba. But Simba, like all quiet buns, has very special qualities that make her (yes, Simba’s a she) a wonderful companion. Here are some of my top reasons.

1. A bond made with a quiet bun is extra special.

Whenever we have guests (which granted, has not been that frequent

(Continued on page 2)
Heat

(Continued from page 1)

— Wetness around their nose
— Listlessness
— Hot ears
— Tossing head back while breathing rapidly from an open mouth

Those symptoms indicate an emergency, and you must take immediate action. Relocate your rabbit to a cool place, keep him/her out of the sun, dampen the ears with cool water, give the rabbit cold water to drink, and call an experienced rabbit-savvy veterinarian for further instructions. DO NOT submerge a rabbit in cold water, as this could cause the rabbit to go into shock.

Even if you don’t have air conditioning at home, there are many ways you can help keep your rabbit cool:

— Make sure your bunny isn’t spending most of the day in the sun. If your bunny is in a pen, have plenty of shady space available.
— Set up a circulating fan that isn’t blowing directly on your rabbit all day. You can also try draping a damp towel over part of the pen so that the fan will blow through the towel and create cooler air. Don’t forget to bunny-proof the fan cord.
— Place a ceramic tile in your rabbit’s pen and/or favorite place. The tile is cool for the bunny to lie on. You can also put the tile in the freezer for 15 minutes to make it extra cool before giving it to your rabbit.
— Put ice cubes in the water bowl to entice the rabbit to drink more. The bunny also might want to lean against the bowl.
— Mist your rabbit’s ears with cold water. Rabbits dissipate heat through their ears and misting them will help keep them cool.

Quiet Bunnies

(Continued from page 1)

lately), Simba is usually perfectly content to stay in her favorite spot in the dining room and does not feel much need to play hostess (while Nala will likely come to remind you that her dinner is late). If you coax Simba with a treat, she might come to you and offer a nose bump, but she will likely go back to her spot afterwards. Simba loves head pets and massages, but only if she has gotten the chance to know you. However, for all of Simba’s wallflower tendencies, when I finally gained her trust, the reward was all the sweeter for the wait.

2. She loves to stay in and cuddle.

If you’re like me (read: an introvert), chances are you don’t mind a Friday night in with a movie or a book. A quiet bun is the perfect accompaniment for such an evening. I find that Simba – much more so than Nala – loves to cuddle with me. I could give her pets for hours! She has even flopped against my leg in the past (and yes, this was one of my best days ever). I’m not sure that this is true of all quiet buns, but it seems as though, if bunnies have fewer people to inspect and corners to investigate, they will have all the more time for cuddling.

3. She enjoys the finer things in life.

I am a musician and find it interesting how bunnies have varying reactions to my playing. Some really seem to enjoy my violin, while some are indifferent, though fortunately I have not yet met a bun who seemed to dislike it altogether. I would put my buns both somewhere between enjoyment and indifference overall, but there are particular kinds of music Simba really responds to. I can recall in detail the first time Simba even heard a trumpet on TV – she ran over

(Continued on page 3)
Public Must Press for Passage of Bill to Stop Sales of Dogs, Cats and Rabbits in Retail Stores

The New York State Legislature ended its latest session in mid-June without taking final action on legislation to prohibit the sale of rabbits, dogs and cats in pet stores. Lawmakers will return in January 2022. The proposed legislation, A.4283, is called the “puppy mill bill” because it is aimed at high-volume breeding facilities that supply animals to retail stores. The breeders, often called puppy mills, have been criticized for how they treat the animals that they sell.

The bill had been passed by the state Senate and was sent to the rules committee of the Assembly, but the committee didn’t move the bill to the full Assembly for a vote. This was the second year that the legislation had been passed by the Senate but didn’t reach the floor in the Assembly.

When the next legislative session begins in January, advocates will push again for passage. Over the summer, the public can continue to lobby for the legislation by contacting local Assembly members or by emailing Assembly Speaker Carl Heastie at speaker@nyassembly.gov about the importance of the bill.

Once the Assembly approves the legislation, New York state will join other states and hundreds of cities in enacting laws to curb pet sales. Roughly 80 pet stores in the state would be affected.

While the legislation blocks stores from selling the pets, they can work with animal rescue organizations to make pets available for adoption.

In 2016, New York City banned the sale of rabbits in pet stores throughout the five boroughs. Rabbit Rescue & Rehab has pushed for expansion of this ban into the entire state of New York.

The need for this legislation is enormous, considering the number of individual surrender requests received by Rabbit Rescue & Rehab and other groups. In addition, large-scale surrenders, hoarding cases, and over-reproduction situations may involve 100+ rabbits in each scenario. A significant number of these surrender requests come from people who purchased a rabbit from a pet store on impulse, received a rabbit purchased from a pet store as a gift, or were given incorrect information (or no information) about rabbits from a pet store and only later learned that they were not prepared for the commitment or the expense. Upon learning about the special diet and care needs, cost, and commitment involved in rabbit care, many chose to abandon their rabbits or relinquish them to a shelter rather than stepping up to provide the correct home and care to the rabbit that they purchased.

Following New York City’s 2016 ban on selling rabbits in pet stores, there was a decrease in the proportion of rabbit surrenders to rescue groups from within the five boroughs. There is hope that a statewide ban would similarly ease the rabbit abandonment crisis across all of New York.

The measure passed by the Senate on May 5 has the backing of the American Society for the Prevention of Cruelty to Animals, the Humane Society of the United States, New York State Animal Protection Federation, Voters for Animal Rights, Companion Animal Protection Society, Animal Legal Defense Fund, and the NYC Bar Association’s Animal Law Committee.

Quiet Bunnies
(Continued from page 2)

4. She’s great at alerting us to danger.
I can only assume that quiet buns are quiet in part because they are listening for some “disturbance in the force” for which it might be necessary to alert the household. If there is the slightest change in the air waves, rest assured that Simba will thump loudly to let us know about it. Is someone knocking at the door during naptime? Thump. A car alarm going off too close to us? Another thump. A ghost (when we truly cannot find the source of what’s causing her sudden alertness)? A thump for good measure.

Of course, we comfort her if she seems at all stressed, but Simba’s overreactions to harmless changes are quite amusing. And though we consider Simba to be our quiet bun, we have learned over the years to appreciate her unique habits and style of communication. We are so glad she is a part of our family, and it has been a pleasure to see her flourish in our home.
Precautions for Safeguarding Your Rabbit’s Food
As Deadly Virus Spreads

By House Rabbit Society

Rabbit Hemorrhagic Disease Virus Type-2 continues to spread in the U.S. The highly contagious and deadly disease affects both wild and domestic rabbits.

As of now, there have been confirmed RHADV2 cases in Arizona, California, Colorado, Florida, Georgia, Idaho, Montana, Nevada, New Mexico, Oregon, South Dakota, Texas, Utah and Wyoming, as well as in Canada and Mexico.

In late June, the California Department of Fish & Wildlife confirmed a wild jackrabbit tested positive for RHADV2 in Alameda County. This was the first confirmed case in the San Francisco Bay Area and the eighth county in California to have a confirmed case. House Rabbit Society headquarters is located in the Bay Area.

Officials report a death rate of about 90%, which is why strict precautions must be taken by rabbit guardians, including vaccinations where available.

See a map of RHADV2 outbreaks at rabbit.org/rhadv.

RHADV2 is a hardy virus and can remain stable for 3.5 months at room temperature, and can even survive heat of 122 degrees Fahrenheit for one hour, and for 225 days at 39 degrees Fahrenheit (just above freezing temperatures).

Even indoor-only rabbits are at risk, since RHADV2 can be transferred to them by people (on their shoes and clothes), other animals (including dogs and cats, especially if they go outside), and even insects.

House Rabbit Society recommends that rabbit guardians take precautions with hay, feed, and produce fed to rabbits, including:

—Know your hay, feed and greens sources, and avoid any that are located in outbreak areas.

area, ask if it was stored indoors in an environment secure from insects, birds or animals. If the hay is stored in packaging (for example, a cardboard box or plastic bag), you can ask how long the hay has been packaged.

—Consider feeding packaged hay. Ask manufacturers if hay was harvested more than four months earlier and stored in an indoor, secure, controlled environment. Store hay bales from feed stores indoors for over four months before feeding.

—Avoid feeding vegetables grown in an outbreak area. At this time, we do not know the risk that feeding greens/produce may present to rabbits. There may be a risk of RHADV contamination of produce during growing/harvesting in outbreak areas. The disease is currently spreading in areas where produce is commercially grown.

—Consider feeding greenhouse or indoor-grown greens and/or consider growing your own vegetables indoors at home.

—Thoroughly wash all greens for at least two minutes, in a bowl, changing the water several times.

—Don’t use soap or disinfectant on vegetables.

—Peel vegetables with an outer skin (i.e., carrots).

—Don’t feed foraged plants or grasses in outbreak areas. Store tree branches indoors for more than four months before feeding.

Even for rabbits that are vaccinated, House Rabbit Society recommends rabbit guardians take precautions to help protect them. In addition to the food-related recommendations above, we also recommend not wearing shoes inside your home and being sure to use an effective disinfectant. Not all disinfectants work against the virus. We also don’t recommend any outdoor playtime for rabbits at this time, even if they are vaccinated.
City Agencies Break Ground On New Manhattan Pet Adoption Center

City construction and health officials joined Animal Care Centers of NYC, animal-rights advocates and local community leaders in early June to break ground on a new Pet Adoption Center at 328 East 109th Street in Manhattan.

The $6.33 million project will convert a 2,500-square-foot one-story garage on the grounds of the Animal Care Center of East Harlem into a dedicated adoption facility for dogs, cats, rabbits and guinea pigs. The building will have a colorful façade that will seek to create an attractive and engaging street presence, officials said.

“The project’s thoughtful design accommodates the needs of sheltered animals and the staff that care for them, while also creating an inviting space that will attract visitors and help find forever homes for the future pets that need them,” said Jamie Torres-Springer, commissioner for the Department of Design and Construction. “Pets have been a lifeline for many families over the past year and we’re very pleased to create this new appealing space to facilitate adoptions.”

“We are so grateful to Mayor de Blasio for making the capital commitments to build this brand-new adoption center in Manhattan as well as full-service shelters in the Bronx and Queens,” said ACC President and CEO Risa Weinstock. “The ability to showcase the wonderful animals we have waiting to find their forever homes in a state-of-the-art center will surely lead to an increase in adoptions and move us that much closer to ending animal homelessness in NYC.”

The project will renovate the old garage’s interior and exterior with new roofing, skylights, lighting and fixtures, while a new glass system for the kennel area will showcase the animals available for adoption. The building’s floor will be replaced with a concrete slab to include additional drainage, and new HVAC equipment. The building’s cellar will also be upgraded and waterproofed.

Wendy Joseph of Studio Joseph completed the design under the city construction department’s Project Excellence Program, which pre-selects and pre-qualifies design firms for public building projects.

Construction was scheduled to begin in late June and is expected to take 16 months to complete, at which point the site will be turned over to the Animal Care Center to complete its conversion into an adoption center. The general contractor is Litehouse Builders Inc. of Port Washington, N.Y.

The Manhattan renovation work is among several animal-related projects under way throughout the city, including new Animal Care Centers in Brooklyn and the Bronx and the expansion and renovation of the city’s animal shelter in Staten Island.
Charley, Ping and Pong: A Trio That Fate Brought Together

By Krystina Busacco

Ryan and I had wanted to get our bunny, Charley, a friend for a while, and had just moved, so it was perfect timing for bonding – lots of neutral territory. It took a little while to set up speed dating with Amy Odum at the Manhattan shelter (we needed spayed females on a weekend), but then we finally came in one fateful Sunday afternoon: Sept. 1, 2019.

On our way to the shelter, I went on the website and noticed two new bunnies who had been listed that same day: an 8-year-old girl named Ping and a 7-year-old boy named Pong who had to be a pair. I got so excited. Charley was 6, so they’d be around the same age, and a trio at that!

Most of Charley’s speed dates didn’t go well, but things went very smoothly with Ping and Pong. I’d been a rabbit volunteer at the shelter, so I knew that bunnies who were older or in pairs weren’t as easily adopted – which made it all the sweeter that Charley wouldn’t bring home one friend that day, but two.

Now Ping is Astrid and Pong is Cornelius (full names are Astrid Pearl and Yukon Cornelius), and they are absolutely adored. They’re Lionheads with the most beautiful blue eyes and white manes, and penchant for flopping their ears down. Astrid has gorgeous tan spots.

They’re incredibly sweet bunnies; we started referring to them as “little smushes” shortly after adoption. They have an extraordinary bond, and the way Astrid looks after her meeker brother is truly heartwarming.

Astrid is our perfect little princess, so beautiful and dainty. She’s such a sweetie, always grooming her brothers and cuddling with them. She gently chins me all the time, making me feel so special. To let Ryan know she wants to be picked up and snuggled, she hops onto his feet or stands on her thumpers and leans against his legs. She loves to be petted!

Astrid loves her yoga. She does the most adorable stretch-yawns, and then keeps her perfect fluffy paws extended forward and her little head down on her arms. We call this “downward bun.” She does a lot of positions, but that’s her favorite one. She also likes to stretch out, and loves to hang out in their tunnel and on the couch.

She has a mischievous side, too. She loves to swipe snacks from her brothers, but we can’t call it stealing because she’s so polite about it. One snack time, we put Charley’s carrot on his head. Astrid hopped over and delicately took it off his head before he even knew where it was. She also has a tendency of throwing their stuffed animals off their beds/houses, often into the water bowl.

Cornelius is our handsome, dapper little gentleman. We joke that he should have a monocle. He has a remarkably expressive face and always peers at us inquisitively. He can be a bit dramatic – when even slightly dissatisfied, he thumps (many times) to make sure everyone knows it! He’s a really sweet boy who loves to be petted, especially having his extra-fluffy cheeks massaged. When we rub his head, he almost immediately smushes down to let us know he wants more. He chins my hand a lot, just not quite as often as Astrid.

Cornelius’s signature pose is “breading.” He looks exactly like a loaf of (corn)bread, down to the slightly rounded corners. He also likes to lay totally flat, chin smushed on the ground and thumpers to the side, and occasionally does yoga like Astrid. He prefers to relax in their hidey-houses, but his favorite spot is on top of his igloo. He loves to perch in high places (and climb onto our

(Continued on page 7)
A Field Trip to the Bunny Museum

By Melissa Lee

Just outside Los Angeles in Altadena, Calif., exists a museum that pays homage to our favorite animal. The kitschy Bunny Museum is chock full of bunny art and paraphernalia ranging from toys to figurines. The memorabilia is displayed everywhere you look, from floor to ceiling. Pieces range from everyday items like stuffed animals to historical artifacts such as a 12-foot-tall Rose Parade bunny float, sporting a large blue face mask, which is outside the entrance.

Co-founders Candace Frazee and Steve Lubanski’s love for all things rabbit started back in 1993 when Steve gave Candace a plush bunny after she called him Honey Bunny. They soon began giving each other daily rabbit items and expanding their personal collection. They opened their home to the public in 1998.

The rabbit museum set a Guinness World Record in 1999 (updated in 2011) for having the largest collection of rabbit-related items. In 2011, that number was 28,423. Their collection now boasts over 43,000 objects. The museum moved out of Candace and Steve’s home and into a two-story former art gallery in 2017.

The rabbit mementos are divided among a number of rooms, including an outdoor patio (complete with bunny fountain) and an upstairs area. Museum members get access to a library and a Peter Rabbit-themed bedroom. The Chamber of Hop Horrors, which is for visitors age 13 and up, is dedicated to educating about abuse of rabbits and other negative portrayals of bunnies, with items like rabbit’s-foot keychains and horror movie posters.

Currently, the Bunny Museum has an exhibit called “No Funny-Bunny Business in 2020” that is a tribute to frontline workers. The exhibit includes blue figurines and other rabbit-related items that were donated throughout the pandemic.

Although the museum has been home to many live rabbits over the years, its only current animal residents are four free-roaming cats, one of whom is 23 years old, the same age as the museum.

This attraction has been popular with celebrities, as evidenced by the wall of autographs. Notable recent visitors included Deborah Howe, niece of James Howe and late Deborah Howe, who together wrote the children’s novel series “Bunnicula.” Actor Elijah Wood created three bizarre video ads for the Bunny Museum for Funny or Die website in 2010.

The quirky Bunny Museum takes rabbit enthusiasm to new levels. If you find yourself in L.A., this museum is worth a visit for any rabbit lover looking for a highly unusual experience.

Trio

(Continued from page 6)

shoulders – which he did to Amy during the speed dates, too).

He has this adorable tendency of opening his mouth extra-wide when he chews (even by bunny standards). Both he and Astrid absolutely love their pellets, and they’re Cornelius’s favorite food. He also loves apples. Carrots are Astrid’s favorite – her eyes brighten up whenever we bring her a piece. When we come into the living room, they both perk up their noses and make these cute little faces to see if we have snacks. If they ever don’t want to eat something right away, they chin it so we save it for later.

Both Astrid and Cornelius drink water the same way – loudly and cutely. And they both do the most adorable, squeaky-yet-dignified little sneezes. Their favorite place to hang out together is the igloo – Astrid inside and Cornelius on top. When we pet them, they chatter in contentment so much that Ryan calls them lawnmowers. They’re total snuggle buns and love to cuddle with each other, Charley, and us.

Charley could not be happier with his siblings. He loves them so much! It’s been amazing to witness their bond grow, and it’s so sweet to see them all hop around together in such harmony and contentment.

I truly think this trio was meant to be; everything aligned perfectly for them to find each other. It was remarkably fortunate that we couldn’t do Charley’s speed dates until Astrid’s and Cornelius’s first day at the shelter. Charley, Ryan and I are so lucky to have taken them home. Astrid and Cornelius have brought so much joy into our lives, and we are incredibly blessed to have these precious angels in our family. We love them infinitely.

Ryan LiCausi contributed to this article.
By Lauren Onesto

At the beginning of 2018, I had fallen ill with a gastrointestinal condition that pretty much came out of nowhere. I was fighting a battle that at the time I didn’t know would probably affect me my whole life. In the beginning, my loved ones and I thought it would “just go away” but as months and months passed with no diagnosis and symptoms only getting worse, we realized this was going to be a long journey. I started to get so sick that doctors needed to rule out cancer. I was told I absolutely would need a colonoscopy and endoscopy. However, I resisted because of my irrational fear of anesthesia.

It was then that my boyfriend, Alex Lourenco, started to bribe me with “What can I get you?” When he mentioned a furry companion I was sold because I had always wanted a pet. After years of my dad saying no to an animal in the house, I knew he would cave if it meant getting my much-needed colonoscopy done.

Alex came up with the idea of a bunny. I don’t know why he thought of a bunny, to be honest, but in hindsight, I’m so happy that he did. We discovered Long Island Rabbit Rescue Group and inquired about adopting. I was approved to adopt, and I also made the appointment for my colonoscopy/endoscopy.

In November 2018 I had a colonoscopy and endoscopy done on the same day. Then a month later, on Dec. 1, I went to the main LIRRG foster house to pick out a bunny for adoption.

When I rang the doorbell, Nancy Schreiber answered the door. It was her house and I recognized her instantly. Nancy was the anesthesiologist from my colonoscopy/endoscopy! I certainly couldn’t forget her, because she was so comforting to me on the day of my procedure. I’m sure she didn’t recognize me, though, because of the number of patients she sees, and I was too embarrassed to say anything about it. I also overheard her say to someone else that day that she was an anesthesiologist for gastroenterology, which just confirmed what I already knew.

My illness and need for the medical procedure – along with my fear of anesthesia – was the entire reason I was about to adopt in the first place. I thought to myself: There’s got to be a reason things worked out this way.

I went downstairs to see the foster rabbits that were up for adoption. The first one I saw was a little black-and-white lop-eared bunny named Daniel. He came right to the front of his crate and stood up with his little paws near his face. I’ll never forget that moment. I truly believe it was love at first sight.

I tried to give other rabbits a chance, and while they were all beautiful and special, I couldn’t get my mind off Daniel. I knew he was the one for me. With his furry bottom all matted and urine-stained from being severely neglected before LIRRG rescue took him in, I knew this bunny needed me as much as I needed him.

I picked Daniel. I felt a deep connection with him like I have never felt before, almost as if we were meant to be together.

At the end of the day, the volunteers had to teach me a few things before I took Daniel home. A volunteer named Gina Pipia proceeded to tell me how Daniel had gotten his name. She told me she had a young nephew named Daniel who had tragically passed away. She said her other nephew, Matthew, rescued the bunny on Daniel’s birthday. Because of this, they named the bunny Daniel.

I believe this little five-pound bunny (probably only four pounds at the time) (Continued on page 9)
Our Rabbits Love Their Morning Routines

By Long Island Rabbit Rescue Group

Friends of LIRRG is a Facebook community of over 1,000 rabbit owners and rescue volunteers who live on Long Island. We asked our Friends, “What is your rabbit’s morning routine?” and here’s what they had to say.

“Priscilla does a quick binky for breakfast, and then she gets mommy cuddles while her human has coffee.” – Katie M.

“If I don’t feed Budgie his breakfast on time, he starts banging his food bowl around.” – Jean M.

“In the morning Daniel waits at the front of his gate for me (or his grandma). Sometimes, like in the photo, he waits at the side of his gate stalking me from my bed. He rocks patiently back and forth until he sees me. Once he sees me he basically goes bananas biting his cage until I (or his grandma) let him out. Once I let him out he runs around my legs a few times, sometimes binkies and ALWAYS flops on his side for attention (he knows he’ll get head rubs). Once he flops, I pet him until he calms down and then start to gather his pellets. Once the pellets are out it’s a back-and-forth game of head rubs, pellets and playing in his castle (but MOSTLY head rubs)… Once he’s content in his castle playing, and I know he’s not going to come out and bite me for attention, I get some fresh hay to stack on top of his litter and give him fresh water.” – Lauren O.

“As soon as I wake up in the morning, I let Peanut out of his crate. He runs one fast lap around the couch, then returns to his crate to graze on a few pellets. He spends the rest of his morning lounging in his cardboard castle.” – Denise B.

“Every morning is full of excitement because it’s banana time! My bunnies run in circles and do lots of binkies while waiting for their treat. Their pens are cleaned and they get fresh water, hay and pellets. Before you know it, they are finding a comfy place to take a nap.” – The Edwards Family

(Continued on page 10)

Daniel

(Continued from page 8)

was sent to me from heaven. He has a guardian angel he was named after, and he was sent to me while I was battling an illness. The bunny was rescued from a neglectful situation, and we both needed each other. The irony of Nancy being my anesthesiologist, and also the woman I adopted a bunny from, was all too strange. There are no coincidences in life. Daniel was meant to be mine.

I still battle with my health to this day. We never found a root diagnosis – just a bunch of smaller diagnoses and my body attacking itself. I’m not going to lie. It can be extremely hard. But then I remember our story, the story of Daniel and me. It is my favorite story ever. I remember that it all happened for a reason. Daniel is just the companion I need during this battle. I truly love him more than anything on this planet.

Daniel is the most perfect, affectionate, hilarious bunny I could ask for. He craves my attention. He waits at his gate for me to get home and waits for me to wake up. He runs around my feet when he sees me and binkies out of excitement, to the point that he smashes into things! He is constantly flopping because he knows he gets head rubs when he flops on his side. He feels safe and happy in his forever home, and it warms my heart. I love watching him play in his castle. I love watching him fall asleep to my (bad) singing or hearing him purr from head rubs. Everything he does is magic. I fall in love with him over and over again each and every day. I truly don’t know what I would do without him in my life.

I guess what I am trying to say is that on Dec. 1, 2018, I didn’t just rescue Daniel. He rescued me as well.
Morning Routines
(Continued from page 9)

“The second Ellie hears me move, she starts hitting her dinner bowl into the pen, and if that doesn't work, she chews on/pushes the bars. Once I'm up for the day, she sprints back and forth in the pen until breakfast comes (which takes a little longer now that she gets greens fresh from my garden). Most days she stands up in the corner while I walk it over, but sometimes she gets so excited she jumps up (and occasionally lands in her water bowl). Then (on weekends) she gets let out for hops and attention!” – Emily V.

“My name is Cupra and mornings are my favorite thing! As soon as I see mom getting out of bed I start to binky, and chase her all the way down the hallway to the bathroom. She always closes the door on me (because I'm terrified of the toilet flushing). But don't worry. I wait patiently (okay, so sometimes I chew on the door. But can you blame me? I'm so excited!) for mom to open the door to let me in. I run circles around her feet while she brushes her teeth, to let her know that I am FAMISHED and finally she moves to the kitchen to prepare a yummy breakfast for me and my sister. I race her down the hallway to the living room (spoiler alert: I always win!), and then insist on sitting in the exact spot where mom usually puts my food bowl. I'm so excited that I pull all of my food right out of my bowl to eat it (this drives mom bonkers. She's always mumbling about wet socks. But she can never seem to get mad at me!). After I gobble down all of my food, I take a quick snooze until it's time to go back in my X-pen. Mom only has to give my treat ball a quick shake and I'll come running at top speed. My treat ball is my favorite thing on this whole planet!” – Rachel A.

“Lola jumps on me until I wake up, which is great...can't be late to work. Mella, meanwhile, nibbles my hair from the scalp...which is why I stopped sleeping with her. Lol. I'm balding so we hang out in the daytime more.” – Sandra N.

“The moment Bugsy sees me in the morning, she quickly hops over and stands on her hind legs or puts her front paws on the pen to say 'good morning!' After much needed morning petting, I go off to the kitchen to get her delicious breakfast. Once she sees me re-enter, she excitedly jumps and stretches up to meet me as I place her dish down. Sometimes she can't even wait and will start eating from the dish that's in my hand before I even get it all the way down to the floor of her pen. I give her one more pat on her head or a cheek rub, and then leave her to delight in her dish!!” – Diane S-D.
These Rabbits Are Available for Adoption From Long Island Rabbit Rescue Group

Long Island Rabbit Rescue Group has many rabbits available for adoption. Here are a few of the wonderful bunnies looking for homes. For more information about adoptions, please contact LIRRG at this email address: information@longislandrabbitrescue.org

Juliette
Juliette was being bullied by the family cat in her previous home and was surrendered to the Southampton Animal Shelter. She was nervous and terrified when she arrived at the shelter, so LIRRG stepped in when a foster space was available and she has been blossoming ever since. A once scared rabbit is now happy and energetic. A volunteer describes Juliette as shy, but very curious and playful. She loves to throw around her stacking cups and if you sit on the floor with her, letting her come to you, she will start to explore, nudge and get to know you. Juliette arrived at LIRRG in March of 2021, and was estimated to be 1 year old.

Birch
Birch was found roaming the streets of Freeport in May of 2020. He’s been enjoying his indoor-only life, greeting volunteers like a puppy jumping up on his back legs to greet them. This guy has a ton of energy and will flourish in the right home. He will thrive in a calm/quiet home with no children and a patient rabbit-savvy adopter. Birch was estimated to be 1 year old when he was rescued. He is described as a social, outgoing and attention-seeking rabbit who tends to be a bit of an escape artist. He’s an active and playful rabbit who loves pats, and will sit for hours if you don’t stop. As a highly food-motivated rabbit, he can get overly excited, so watch your fingers!

Faline and Freya
Faline and Freya were born from an accidental litter on April 8, 2020. These beautiful girls are a bonded pair who live peacefully together. Daily head pets required! They are looking for an experienced rabbit adopter who can keep up with their antics. Their foster mom describes these sweet girls as very active, playful and independent. Faline and Freya are kid-friendly for ages over 6, and are both dog- and cat-friendly bunnies.

Aria
Aria was rescued with 17 other rabbits from a cold, wire outdoor hutch in Manorville. Upon rescue, she was understandably frightened. Her bossy personality is coming through as volunteers give her lots of extra love and attention. She is learning to trust humans again and is ready to make your home her own. By taking things slow and sitting with her or lying down in her area, allowing her to investigate and approach you, you are sure to earn her trust. This special girl has perfect litter-box habits. She is also incredibly playful. Her favorite toy is her stacking cups. If you hide treats in them, she’ll take them out one by one to find them, then wait for you to put them back together. She is not accepting of pets, but is perfectly

(Continued on page 12)
ADOPTIONS

We Are Looking for Loving Homes:
These Rabbits Are in Foster Care

Eevee
Eevee is an adorable little brown lop and quite the ball of energy. Eevee would do wonderfully in a home with lots of open space to stretch her legs and to show off her athletic binkies. She loves to stay nearby and keep tabs on what her humans are up to, and will nudge you to a new spot on the floor if she thinks there’s a better place for you to be sitting (she usually has a better place in mind!). Eevee will occasionally settle for petting, but often prefers a playful and interactive relationship with less touching. She likes to keep busy – there is no such thing as too many toys. This wonderful little girl is spayed and ready for her forever home. If you are interested in adopting Eevee, please email nyc.metro.rabbits@gmail.com.

Carmela
Carmela is a young medium-sized Rex rabbit. Her beautiful coat is mostly white with tan and black spots. She is a sweet rabbit who loves to have her soft nose petted. She also likes to explore her house, but her favorite thing is to relax with a nice soft blanket. Carmela is shy and would likely do best in an adult-only home. She would also likely make a good partner for another rabbit. She has been spayed and is in foster care. For Eevee, please email nyc.metro.rabbits@gmail.com.

(Continued on page 13)

LONG ISLAND NEWS

Adoptable Rabbits
(Continued from page 11)

content when you let her be her fabulous, vibrant self. Aria is more of a watch-and-be-entertained, no-touch bunny.

Jade and Elvis
Elvis and Jade are a lovable, older bonded pair who will hang on the couch with you for pets and snuggles. Jade can be a bit shy in her pen but is extremely happy when she is out and spending time with you. She loves blankets and will hide under them like a cat. Elvis loves to play with balls and toys. They love hanging out in their bunny castle. These two love each other; the perfect Yin and Yang.

Forever Homes Found!
We are happy to report that Baby and Mya, Lucky Stripes, Reed, Snowflake, Ellison, Vera, Alice, Hazey, Byron, Dickens, Zinnia, Fern, Angelo, Diaz and Everett were adopted since the last newsletter. Congratulations!
more information and/or to arrange a meeting with Carmela, please email nyc.metro.rabbits@gmail.com.

Skye
Skye is a 3.5-pound Himalayan rabbit and mom to the litter of “colorful” babies (Pink, Green, Blue, Purple and Orange) who all look just like her. Skye was found alone, tragically dumped in Central Park in terrifyingly poor condition, clearly having been horribly mistreated for quite some time even before she was abandoned outside. A passerby thankfully saw Skye outside and, wanting to help this poor bunny, brought her back to his home. Once there, she surprised him with a litter of babies. When we first saw Skye shortly after she had given birth, every bone in her small, frail body was visible and all movement was taxing for her in her emaciated state. Still, Skye was a wonderful mother to her babies and slowly but surely, she gained weight and became stronger. Today, Skye is completely healthy and enjoying some well-deserved free time now that her babies are grown up and off on their own adventures. Skye is looking for a quieter, calm human companion to match her sweet but reserved energy. She is a gentle soul who will form a close bond with her family and enjoy receiving affection, provided she is given the opportunity to approach first. Skye has a particular affinity for her Oxbow woven grass toys and is content to stretch out and fall into a deep sleep for afternoon naps. If you are interested in adopting Skye, please email nyc.metro.rabbits@gmail.com.

Blue and Purple
Blue and Purple are a young brother/sister pair of 3.5-pound Himalayan rabbits. Blue is the more outgoing of the two, and enjoys being wherever his people are at all times. He loves having his cheeks rubbed and will happily melt into the floor for long petting sessions. Purple is more shy than her brother, but is never far behind Blue and enjoys occasional head pets from quiet, gentle people who she trusts to respect her boundaries. Blue and Purple are a wonderful pair who are very affectionate with each other and spend a lot of their down time closely snuggled up together or grooming one another. Blue and Purple are neutered/spayed and living in foster care. To inquire about adopting Blue and Purple, please email nyc.metro.rabbits@gmail.com.

Pineapple and Sugarplum
Pineapple and Sugarplum are a beautiful pair of large Lionhead sisters who were born in the shelter as part of a litter of five babies, before we took the whole young family into our rescue. Their mother, two sisters and brother have all been adopted and now it’s their turn. Pineapple is black and white, while Sugarplum is all black – and both have amazing manes of hair! These girls are shy at first but have tons of energy and are a joy to watch as they exercise – running and binkying with reckless abandon! They have been spayed and are living in foster care. If you are interested in adopting Pineapple and Sugarplum, please email nyc.metro.rabbits@gmail.com.
These Rabbits Are Available At Manhattan Animal Care Center (NYC ACC)

By Kirsten Ott

Axel
Axel is a small white Rex mix. This little guy is as quiet and sweet and gentle as can be. Poor Axel seems to have gotten into some sort of skirmish with another rabbit (he was found along with six others) or some other creature, because he has minor wounds around his mouth. The injuries are being treated, and he should be fine soon. After initial hesitation, Axel will let you stroke his ultra-soft head, and he adores it: He blisses out more and more, turning his whole body into a pancake. Once his wounds are completely healed, he will make a good choice for a first-time bunny home.

Bellissima
Bellissima is a small, red-eyed white bunny who’s probably on the young side. This little girl is a perfect angel. She closes her eyes like a baby when you rub her darling head and ears. If you stop, she won’t move. She’ll just open her eyes a tiny bit and squint at you, willing you to come back to her. This sweet girl would be a good choice for a first-time bunny home, and would probably also make a good partner for another rabbit.

Snowball
Snowball is a large, good-looking Californian male with a wonderful temperament. This guy is very curious about new people, but somewhat shy at first. He will let you pet him, but he’s a bit tense about it at first and will eye you warily as you begin to stroke his head. He gets used to the love quickly, though, and especially loves to have his very chubby cheeks rubbed. In addition to those cute cheeks, Snowball has amusing, mismatched ears – one is brown and sticks up, and the other is tinged with gray and sticks out to one side.

Rabbit Deniro
Rabbit Deniro is a young New Zealand White female who will melt your heart. This little girl is incredibly sweet-natured and starved for affection. She adores being petted, sweetly closing her eyes while she soaks in the love. She is sure to get very attached to her forever people, and will need a home where she can get lots of attention. Rabbit Deniro is almost certain to grow significantly larger – her big feet, big poops, and broad nose suggest she’ll be at least a medium-large girl when all is said and done.

Murphy
Murphy is a young New Zealand White who’s got the energy of an F5 tornado and the charm of the 1964 Fab Four. In other words, he’s a little rascal who will keep you smiling as he wears you out. Murphy’s a great catch for someone who is prepared to keep up with him. He’s a total extrovert, loves people, will ham it up to get your attention … and he loves petting, too! Part of his craziness can almost certainly be chalked up to hormones, so he’ll settle down a bit once he’s neutered – but he’ll still put on a show any chance he gets.

(Continued on page 15)
Indigo
Indigo is a gorgeous California boy with a gentle, mellow personality. This big guy loves to be petted, and it’s hard to resist his incredibly soft coat. He currently has sore hocks, probably a result of neglect, so he would do best in a bunny-savvy home where his people can get him treated and monitor his giant feet. Apart from that, Indigo is a stunning bunny, with a chocolate nose and big, beautiful pink eyes.

Thumper
Thumper is a burly guy with a laid-back personality. This guy isn’t afraid of people at all; he’s super chill when you approach him, as if he’s been waiting for you to show up. He loves to be petted, first melting into a puddle then succumbing to a full-on bunny trance. You’ll love to pet his thick, fluffy coat, amazingly soft ears, and big round head. Thumper would make a good choice for a first-time rabbit home, and would probably also make a good partner for another rabbit.

Lolo
Lolo is a medium-sized female who is very eager to please and be pleased. This pretty girl is bright, curious, and really into socializing. She adores check and neck rubs, and will hang out with you as long as you’re available. Lolo is white with orange-y-brown markings and gorgeous, dark almond-shaped eyes. She would probably make a good choice for a first-time bunny home.

Aqua
Aqua is a statuesque Californian female who’s super chill and mellow. You get the feeling she’s seen it all and knows exactly who she is and what she wants. One thing she definitely wants is affection – she hunkers down for petting without a moment’s hesitation, and will stick with you for a long time if you’re reasonably good at it. Aqua will be a loyal, trusting companion in a good forever home. She may get pretty clingy, so make sure you carve out plenty of time for her!

Waffle
Waffle is a fabulous big waffle-colored boy with a winning personality. This guy is super friendly, well-socialized, and adores human attention. He especially loves it when you cup his pointy head in your hand, rubbing his cheeks all the while, and will seek your hand out with his nose to request more. Waffle’s ears sometimes tilt a bit to one side, which is silly and adorable. This great rabbit would make a good choice for a first-time rabbit home.

Adoptable Rabbits

There are lots of adoptable rabbits available in Manhattan, Brooklyn, Westchester and Long Island.

To adopt a rabbit in New York City or Westchester, contact nyc.metro.rabbits@gmail.com. On Long Island, contact Nancy Schreiber at nschreibrmd@gmail.com or www.longislandrabbitrescue.org.

You can also visit Manhattan Animal Care Center at 326 East 110th St., between First and Second avenues, and the Brooklyn Animal Care Center at 2336 Linden Boulevard.

Rabbits for adoption in Manhattan and Brooklyn can be found by going to: http://www.nycacc.org/ and doing an adoption search (for ACC inquiries about adoption/bunny dates, email adopt@nycacc.org). Volunteers are there

(Continued on page 18)
Health Issues

Preventing Sore Hocks

By Dana Krempels

Sore hocks, a condition in which the sole of a rabbit’s foot becomes raw and inflamed, can be caused by a number of different problems, including:

- **Improper flooring** – Rabbits need soft, preferably malleable flooring that will mimic the natural texture of the earth as much as possible. Wire flooring that doesn’t have sufficient support underneath is not appropriate, as it can cause the foot to bow unnaturally. (Wire flooring with proper support is all right as long as you have a clean litter box and soft bedding on top of it.) Wood, tile, or linoleum flooring can also be problematic, as it doesn’t allow the foot to bend the way it does when it’s pushing off against earth or grass. Cages with slick plastic bottoms are especially bad for a bunny’s feet and joints. Lack of traction can cause painful problems in the pelvic and pectoral joints, leading to arthritis, and even splay leg. An indoor rabbit needs soft cotton mats with rubber backing to provide enough traction for healthy locomotion.

- **Long nails** – If a rabbit’s nails are too long, this can throw too much weight onto the heel. Clip your rabbit’s nails regularly.

- **Obesity** – A rabbit with too much weight on her body will often not be able to stand correctly, and may put unnatural pressure on points of her feet that are not meant to support much weight. This can cause sores. It is important for rabbits to get ample exercise to avoid becoming overweight.

- **Arthritis or other skeletal problems** – Pain from arthritis in the pelvis or spine – or skeletal pain for any other reason – can cause a rabbit to posture in an unnatural way, resulting in pressure on delicate points of the feet.

- **Insufficient fur padding on the feet** – Any cause of fur loss on the soles of the feet (e.g., mange, friction from improper flooring, contact allergies, etc.) will deprive the rabbit of the natural padding she needs to protect her feet. Rabbits have little or no fat padding on the bottoms of their feet; they rely almost exclusively on a thick pad of fur to protect them from impact and friction. (NOTE: Some rabbit breeds, particularly Rex rabbits, have very fine fur that doesn’t hold up well to friction. These breeds seem particularly prone to sore hock problems.)

- **Lack of exercise** – Mary Cotter offers this additional key point: Many rabbit caretakers do not realize how big a role

(Continued on page 17)
Sore Hocks
(Continued from page 16)

Adequate exercise can play in maintaining healthy hocks. A rabbit who sits in one spot all day—even in a cage with a solid floor—puts constant pressure on the same area of the foot. Over time, this can compromise the integrity of the skin, especially on bony areas of the sole and on the point of the heel. One of the best ways to help your bunny keep his hocks in top condition is to provide him with the opportunity to exercise outside his cage on a regular basis—preferably for several hours daily.

The problem can be painful, and if not treated properly, can progress to very serious conditions such as bone infections. A rabbit with sore hocks should be examined and treated by a good rabbit vet, especially if there are open sores that might need antibiotics or other medical intervention.

The following diagrams show how you can safely wrap your rabbit's feet in special “booties” that will protect the bare areas of her feet to prevent sore hocks, if she is showing signs of fur loss on her soles.

Caveat: As with any rabbit health-care information you may find on the Web or from other sources, the information here should be used only under the supervision of your rabbit-savvy vet. You must have the guidance of a vet who can check on the rabbit's progress and change the wrapping and medication as necessary. If you take matters into your own hands without consulting your vet, you may do more harm than good. Furthermore, if there are open sores, don't wrap the feet as shown below until you have had the sores examined by your vet. Open sores may need to be treated, and the feet re-wrapped, daily. Wrapping an open sore without treating it appropriately can result in serious infection.

Step One. Obtain a generous wad of “spare” rabbit fur from a healthy rabbit who has been shedding. (A fine-toothed flea comb can be useful for allowing you to gently harvest the extra fur.) Roll it between your palms until it forms a soft, spongy, but firm mat of “felt” that's about 2” x 2” x 1” (deep). Other types of padding are NOT recommended, as they tend to compress into hard mats that may do more harm than good. Please DO NOT TRY THIS until you are able to get some shed rabbit fur! Cotton, gauze, or any other padding just do NOT work as well as The Real Thing.

Step Two. Cut a strip of VetWrap self-adhesive bandage, about nine inches long and two inches wide. Take this strip and cut it into an “H” shape, as shown in the diagram. Leave about one inch UNCUT in between the “H” cuts, as shown. This uncut portion will cover the rabbit's heel.

Step Three. While one person firmly holds the rabbit belly up, the other should press the felt pad against the sole of the foot, gently folding as much of the rabbit's own foot fur over the bare spot as possible. Holding the fur in place, position the VetWrap as shown.

Step Four. Being careful not to wrap too tightly (you should be able to insert a tongue depressor between the bandage and the leg, and not have it stick), wind the VetWrap above and below the hock (ankle), as shown. You may have to try this a few times, as the felt pad can be slippery, and the VetWrap hard to handle.

Step Five. The “almost finished” bootie should look like this.

Step Six. When the rabbit bends her ankle, the VetWrap on the top of her ankle can bunch together and cause painful pinching. To prevent this, you must carefully excise a small “window” (either diamond or circle-shaped) out of the wrap on top of her ankle. Use blunt-
HEALTH ISSUES

Sore Hocks
(Continued from page 17)

tipped scissors, and be extremely careful to cut away the bandage one layer at a time so you don’t accidentally cut the rabbit!

Step Seven. Be sure to check the foot carefully several times over the next few hours to make sure there’s no swelling or redness. If there is, you’ve wrapped it too tightly! Unwrap it immediately, let the foot “rest” for a while, and then try again.

Conversely, if wrapped too loosely, the bandage could spin around or slide up against the ankle or knee. Practice and careful observation of what works will lead to a “bootie” with the proper tension.

This style of wrapping rabbit feet with bare spots (NOT open sores) should keep the rabbit comfortable for a good while, but we generally re-wrap and re-pad every week or so. If the pad or bandage becomes wet or soiled, change it immediately, as you don’t want an already compromised foot soaking in water (or worse!).

Eventually, you should see a return of normal fur growth. While your vet is treating the problem that caused the sore hocks in the first place, there’s no need to leave those cute feet unprotected. GOOD LUCK!

Copyright – Dana Krempels, Ph.D. 
Senior Lecturer;
Director of Undergraduate Studies
Department of Biology,
University of Miami

Adoptable Rabbits
(Continued from page 15)

every weekday evening and on Saturday and Sunday afternoons, but it is best to arrange an appointment first.

Bunny speed dates can be arranged by appointment only. Please contact nyc.metro.rabbits@gmail.com to make arrangements.

Many of our rabbits are living in foster homes and you can meet them as well. You also can arrange to foster a rabbit until he or she finds a permanent home. Contact nyc.metro.rabbits@gmail.com


If interested in volunteering for Rabbit Rescue & Rehab, please email nyc.metro.rabbits@gmail.com.

Donations

All donations go directly to caring for our foster rabbits and are tax-deductible. Please help us help them by sending contributions to: Rabbit Rescue & Rehab/NYC Metro Rabbit, 333 Mamaroneck Ave, #363, White Plains, NY 10605 or https://www.rabbitrescueandrehab.org/donate

To contribute to Long Island Rabbit Rescue Group, please go to www.longislandrabbitrescue.org.

THUMP JULY 2021
Rabbit-Savvy Veterinarians

Here’s our recommended vet list for the New York metropolitan area. Please note that many clinics have multiple veterinarians, and our recommendations are for specific veterinarians in those clinics. If you can’t get an appointment with a recommended vet at one clinic, don’t assume (no matter what you are told by the clinic) that other vets in the same clinic can help your rabbit. If you have any questions or would like to discuss any of the vets on this list, please contact Mary Cotter at (914) 337-6146. When you make an appointment with any of these vets, please tell them you were referred by us.

Manhattan:

Deborah Levison, DVM
Symphony Veterinary Center
170 West 96th Street,
New York, NY 10025
(212) 866-8000

Katherine Quesenberry, DVM
The Animal Medical Center
510 East 62nd Street,
New York, NY 10065
(212) 838-7053, (212) 329-8622

Alexandra Wilson, DVM
The Center for Avian and Exotic Medicine
568 Columbus Avenue,
New York, NY 10024
(212) 501-8750

Westchester County:

Gil Stanzione, DVM
Dakota Veterinary Center
381 Dobbs Ferry Road,
White Plains, NY 10607
(914) 421-0020

Laurie Hess, DVM
Veterinary Center for Birds and Exotics
709 Bedford Road,
Bedford Hills, NY 10507
(914) 864-1414

Long Island:

Jennifer Saver, DVM
Erica Campbell, DVM
Catnip & Carrots Veterinary Hospital
2056 Jericho Turnpike
New Hyde Park, NY 11040
(516) 877-7080

Heidi Hoefer, DVM
Island Exotic Vet Care
591 East Jericho Turnpike
Huntington Station, NY 11746
(631) 424-0300

Maggie Camilleri, DVM
Paumanok Veterinary Hospital
639 Route 112
Patchogue, NY 11772
(631) 475-1312

Jeff Rose, DVM
Jefferson Animal Hospital
606 Patchogue Rd. (Route 112)
Port Jefferson Station, NY 11776
(631) 473-0415

Shachar Malka, DVM
Long Island Bird & Exotics Veterinary Clinic
333 Great Neck Road
Great Neck, NY 11021
(516) 482-1101

Licensed HRS Educators

NYC/Westchester:

M.C. Basile
Chapter Manager,
NYC House Rabbit Society

Mary Cotter
Founder, Rabbit Rescue & Rehab,
Adviser to Thump, mec@cloud9.net,
(914) 337-6146

Jeanine Callace
Rofoyo.pippin@verizon.net

Alex McIe
alexmcie@gmail.com

Marcie Frishberg

Gabrielle LaManna
New Fairfield, CT,
gabbysbunnies@yahoo.com,
(203) 746-7548

Cindy Stutts
bygolyoly@yahoo.com,
(646) 319-4766

Monica Shepherd, DVM

Long Island:

Nancy Schreiber
President, Long Island Rabbit Rescue Group, nschreibmd@gmail.com,
LongIslandRabbitRescue.org

Mary Ann Maier
Long Island Rabbit Rescue Group
Volunteer, altitude8@yahoo.com,
LongIslandRabbitRescue.org

Donna Sheridan
Long Island Rabbit Rescue Group
Volunteer, hpocus217@yahoo.com,
LongIslandRabbitRescue.org

Jennifer Saver, DVM